

SAINT PIRAN

present their

**10 & 25 mile Time Trial Weekend
Incorporating the RMRNCA
championships**

Event Sponsored by:

BIKE CHAIN RICCI

Saturday 23rd October 2021 - 10 Mile Time Trial - Course U30/10 @ 15:45

Sunday 24th October 2021 - 25 Mile Time Trial - Course U30/25r @ 08:15

Event HQ

RNAS Yeovilton,
Ilchester,
Somerset,
BA22 8HT

(follow signs for Fleet Air Arm Museum)
Allow 10 mins to ride to start.

**(Promoted for and on behalf of Cycling Time Trials under
their rules and Regulations)**

Event Secretary

**Tom Cox
54 Graham Way
Cotford St Luke
Taunton
Somerset TA4 1JG**

IN THE INTEREST OF YOUR OWN SAFETY, Cycling Time Trials and the event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

Important Notes:-

- Numbers will be at the start and can be exchanged for a drink at the end
- Numbers MUST be signed back in to the HQ after the event or riders will be disqualified.
- Riders are to ensure that they read the course risk assessment (which will be next to the numbers at the HQ) prior to starting the event
- No U-Turns within sight of the Start and Finish Timekeepers
- One Rider - One prize
- NUMBERS and TOILETS are at the HQ.
- Numbers will be available at the HQ and must be returned there.
- All visitors will require a base pass. All entrants will be contacted prior to the event and requested to give vehicle details. MOD90 required for Service personnel, government issued photo ID for civilians will be required to enter the base. All civilian riders will require government issued photo ID and will be escorted to the event area to park & sign-on/off. All vehicles will be subject to being searched, all instructions from MPGS must be followed – allow enough time for unforeseen delays.
- All registration numbers to be provided to Event Secretary by 21st October 21 where applicable.

Course Details

Course Details: Saturday 23rd October 2021 -10 Mile TT U30 /10

COURSE: Start at the 2nd drain cover west of the 30mph sign on the western side of Podimore village.

Proceed to Podimore roundabout and take first exit (A303 westwards), continue straight along the A303 to the Tintinhull/Ash flyover, immediately after passing under the flyover turn left (signpost Tintinhull). At the T-junction turn left over the bridge and then left again (adverse camber signpost London), then left to rejoin the A303 eastwards. Take care when rejoining the A303 at the turn there is no slip road; keep in close to the kerb. Retrace to finish approx 400 metres before Podimore roundabout.

On completion of the course do not suddenly slow or vary your line, remain on the inside lane and obey the traffic lights. If it is safe to do so cross to the outside lane on the roundabout otherwise take the first exit (Langport) and continue on to the Lytes Cary junction, where you may turn in safety. Take care when crossing the Podimore roundabout returning to the finish.

Course Details: Sunday 24th October 2021 - 25 Mile TT U30 /25r

COURSE Start at the 2nd drain cover west of the 30mph sign on the western side of Podimore village.

Proceed to Podimore roundabout and take first exit (A303 westwards), continue straight along the A303 to the Cartgate Roundabout.

Circle Cartgate Roundabout and take the last exit to re-join the A303 going eastbound to A37 slip with A303. Turn left proceed over the bridge to roundabout at Ilchester where circle and take the last exit to retrace route on A37 slip road to re-join A303 going west bound.

Continue on A303 to Cartgate Roundabout where continue straight across on A303 to South Petherton Roundabout where circle and retrace eastwards on A303 to Cartgate Roundabout straight over and continue on A303 to finish approx 200yds short of the Podimore Roundabout.

On completion of the course do not suddenly slow or vary your line, remain on the inside lane and obey the traffic lights. If it is safe to do so cross to the outside lane on the roundabout otherwise take the first exit (Langport) and continue on to the Lytes Cary junction, where you may turn in safety. Take care when crossing the Podimore roundabout returning to the finish.. Take care when crossing the Podimore roundabout returning to the finish.

Please note this is the revised course and excludes the Yeovil leg and riders must ensure that they are fully aware of the route prior to starting!

Timekeepers: - Mr Andy Greatwood & Mr Dennis Davies

Prize List for each championship event open to all Riders
Prizes will be issued in Vouchers for Bike Chain Ricci

Men: 1st £20, 2nd £10, 3rd £5
Men V40: 1st £20, 2nd £10, 3rd £5
Lady: 1st £20, 2nd £10
Road Bike 1st £10 Lady
Road Bike 1st £10 Man

Road Bike category is an extra prize only available to RNRMCA riders. **When you sign in please add next to your name that you are using a road bike.**

Tandem Prize – £20

RNRMCA Prize List

A formal prize giving will take place upon completion of 25mile TT, National and Station COVID regulations permitting, results will be posted via the CTT Website in the usual manner and via the RNRMCA Website and their social media. Prizes will be awarded in the following categories for each individual race (10 and 25mi TT).

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|----|---------------|--|
| a. | Male | 1 st |
| b. | Female | 1 st |
| c. | Male (V40) | 1 st (one rider, one prize) |
| d. | Female (V40) | 1 st (one rider, one prize) |
| e. | Road Bike Cat | 1 st place Male and Female (one rider, one prize) |

Royal Navy Championship will be decided on the fastest mean average speed from both the 10 and 25mi TTs. The 'COX' and 'HACKMAN' plates will be awarded for the fastest male and female riders respectively. There will also be awards for 2nd and 3rd places. To qualify for the RN Championship, riders need to be active serving personnel.

Royal Navy & Royal Marines Cycling Association 10 & 25 Mile Records & History

Competition Record

(Open to any serving RN & RM personnel regardless of Club)

Men

Distance	Name	Time/Miles	Course	Date
10 Mile	Gary Chambers (NOPINZ)	18.25	P881R	08/09/18
25 Mile	Gary Chambers (NOPINZ)	46.58	P884/25B	04/07/18

Ladies

Distance	Name	Time/Miles	Course	Date
10 Mile	Gabrielle Saunderson (RNRMCA)	25.27	U30/10	17/5/14
25 Mile	Mhairi Muir (RNRMCA)	1.07.30	P415	23/9/07

Club Record

(Open to any current RNRMCA Full, Associate or Club member representing the Club)

Men

Distance	Name	Time/Miles	Course	Date
10 Mile	Graham Moir	19.00	V781	31/08/14
25 Mile	Sean Childs	49:46	R25/7	19/08/12

Ladies

Distance	Name	Time/Miles	Course	Date
10 Mile	Sally Edney	25.19	S40/10	20/7/11
25 Mile	Sally Edney	1.04.46	R25/3H	17/4/11

Tandem Men

Distance	Name	Time/Miles	Course	Date
10 Mile	Bob Richards & Mark Gorman	22.35	S40/10	17/7/13
25 Mile	Bob Richards & Stewart Cox	58.46	S100/25	2011
	Bob Richards & Mark Gorman	58.46	S4/25	28/7/13

Tandem Mixed

Distance	Name	Time/Miles	Course	Date
10 Mile	Bob & Lynne Richards	26.03	S100/10	15/5/10
25 Mile	No record			